

ZOOMING INTO FALL

Institute for Continuing Learning
at Young Harris College

ICL@YHC

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Our first offering of distance learning classes using Zoom went very well. We had 59 summer course registrations for 5 classes. Prior to the start of the classes, ICL offered Zoom Coffee Breaks to help everyone get comfortable with Zoom. By now, we are sure everyone is a Zoom Pro! For those of you who were not able to take a summer class we will once again offer Zoom Coffee Breaks prior to the start of fall classes.

Zoom is a video conference app which allows multiple people to socialize with one another. The app is being used by colleges and businesses in order for students and workers to have audio/visual contact with each other.

While this concept is very different from being in direct contact with others it does have its advantages. Instead of driving all the way to school or work, all you need to do is fire up your phone or computer and log onto Zoom, find the session and you are all set. All from the comfort of your very own home.

We know many of you miss the socialization an “in person” course offers. Unfortunately, it is too soon to offer classes on campus. Remember, if you have a Zoom class you can be anywhere in the United States. This summer, Dr. Dickman taught his class from Arkansas and several students in other classes were connecting in from other states. So if you are not going to be in this area, take your laptop, iPad, or phone with you and connect in to a Zoom class wherever you are!

If you have questions about Zoom just send an email to icl@yhc.edu and we will get back to you.

The ICL Board



Like us on Facebook

Zoom Coffee Breaks will be offered to all registered students, by invitation only, prior to the first class.

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ALL FALL COURSES OFFERED ARE VIRTUAL USING ZOOM

BOOST YOUR IMMUNE SYSTEM

Ann Marie Stanczyk, 4 Sessions, Monday, September 21 – October 12, 10:00 am – 12:00 pm, Cost: \$18

This class will explain your immune system, and the many things you can do to enhance its performance. We will examine the most useful tools, such as vitamin and mineral supplements, teas, foods, exercises, expectorants, and sinus cleaners. Each class will increase your ability to fight off disease, maintain your health, and improve your sense of well-being.

Ann Marie Stanczyk is a Nutritionist and a Medical Technologist, who has worked in Health Care her entire career. She understands disease and wellness from many viewpoints and has worked for a Holistic doctor in Blairsville for 6 years. She believes all people should be healthy and works to educate people toward that goal.

VIPERS!

Jill Long, 1 Session, Monday, October 12, 11:00 am – 12:00 pm, Cost: \$12

Sign up to learn the basics of the poisonous snakes that exist in our locale! Habits, breeding, bites, venom, treatment, and common sense for dealing with any snake. If you are scared of snakes, this lecture will give the right side of your brain facts to absorb; if you love snakes, this lecture will give you food for thought.

Jill has resided in the beautiful mountains and lakeshore territory of Hayesville for 15 years. A retired nurse/educator, she spends her time weeding her yard and floating on the lake.

BEGINNING GERMAN

Susan Crooks, 6 Sessions, Tuesday, September 22 – October 27, 1:00 pm - 2:45 pm, Cost: \$18

Beginning German: learn the basic structure of the language, pronunciation rules, vocabulary, and culture of German speaking countries. Start learning now so you will be ready to travel in the future.

Having a German mother, Susan Crooks grew up speaking German and English. She taught high school German for 30 years in DeKalb and Cobb counties, and for 8 years at Kennesaw State University. Susan has traveled extensively in German speaking countries as well as other countries, and just returned from Norway where she saw the Northern Lights.

MEDICARE 101

Denise Cross, 3 Sessions, Tuesday, September 29 - October 13, 3:00 pm - 5:00 pm, Cost: \$16

This course will focus on Understanding Medicare and the Primary/Secondary relationship of coverage, understand how various products work together, and how to enroll and change coverage and when it is allowed. The goal is to understand how Medicare works and what options you have upon receiving Medicare. Learn about the penalties that can be given if you decide not to participate in Medicare. Learning to read the Medicare Summary Notice to ensure what is being billed to Medicare is correct. Course materials will be provided for the class from SHIIP (Seniors Health Insurance Information Program).

Week	Topic
1	Medicare Part A Medicare Part B Medicare Part D Medicare Summary Notice
2	Medicare Supplements Medicare Advantage Plans Medicare Savings Program Extra Help
3	Open Enrollment Senior Medicare Patrol Closing

Denise Cross is the Senior Service Director and SHIIP Coordinator for Cherokee County, NC. She loves working with seniors and helping others.

HOME DEFENSE: A U.S. CONCEALED CARRY ASSOCIATION CERTIFICATE CLASS

George Gaines, 4 Sessions, Tuesday, October 20 – November 10, 3:00 pm – 4:30 pm, Cost: \$16

This course is for individuals who may wish to keep a firearm in their home. It is not required that you already own a firearm or have a permit to carry concealed. The course includes 4 days (6 hours) of classroom instruction. Course topics are: Developing a Personal and Home Protection Plan, Self-Defense Firearm Basics, Defensive Shooting Fundamentals, and the Legal Use of Force.

George grew up in Pensacola, Florida and has lived and worked throughout the United States and Europe. He graduated from The University of Alabama and later earned his doctorate at the University of Georgia (1971). His early career was spent teaching in the Louisiana State University System.

In 1980 he began working in the private sector in marketing research for major corporations such as Southern Company, The Gallup Organization, Research International, and IPSOS. During this time, he served as the International Accounts Director for Pratt & Whitney, UPS, Pepsico, and later for The Coca-Cola Company. His last corporate assignment was Director of Consumer Insights for Outback Steakhouse International, where his duties included extensive marketing communication research in Latin America, Asia, and Europe. Following his retirement in 2013, George pursues his lifelong commitment to teaching firearms safety. He is an NRA Certified Instructor and Chief Range Safety Officer as well as a USCCA Training Counselor. He presently is Director of Open Enrollment for the US Branch of Israel's IMI (Israel Military Industries) Academy for Advanced Security and Anti-Terror Training.

VIPERS!

Jill Long, 1 Session, Wednesday, October 14, 11:00 am – 12:00 pm, Cost: \$12

Sign up to learn the basics of the poisonous snakes that exist in our locale! Habits, breeding, bites, venom, treatment, and common sense for dealing with any snake. If you are scared of snakes, this lecture will give the right side of your brain facts to absorb; if you love snakes, this lecture will give you food for thought.

Jill has resided in the beautiful mountains and lakeshore territory of Hayesville for 15 years. A retired nurse/educator, she spends her time weeding her yard and floating on the lake.

GETTING TO KNOW YOUR CAMERA AND BASIC PHOTOGRAPHY

Stephan Banakas, 5 Sessions, Wednesday, September 23 – October 21, 3:00 pm – 5:00 pm, Cost: \$18

Students are encouraged to have their cameras & manuals close at hand

1. The course is intended to be very basic and will begin by reintroducing the students to their cameras and taking them beyond simple “Point & Shoot”.
2. We will begin by discussing features that most of today’s digital cameras have. This will include various settings and when to use them.
3. We will also cover where and how to save your photos in a way that you can recover them without much difficulty, and most importantly, how to do all of this without using up all of your computer’s memory.
4. A number of other issues, light, shutter speed, aperture settings, and focus, and their interactions with each other will be explained.
5. Very basic rules of composition will be discussed. There will also be an explanation of “depth of field:” and to make it work for you. Shooting long exposures, the use of a tripod and natural light will also be emphasized.
6. We will be sharing and then critiquing photos in class.

Stephan Banakas is an avid fly fisherman and wildflower/landscape photographer. He is originally from Pensacola, FL. where he worked as a police officer until he retired in 1999. He now lives in Hayesville with his wife, Diane, and their two cats Gordon and Maggie.

ALCOHOL INKS, EXPLORING THE MEDIUM – Class Limit 12

Teri Jones, 8 Sessions, Thursday, September 24 – November 12, 2:00 pm – 3:00 pm, Cost: \$28

We will start with a one-week review of the basic properties of alcohol inks, recommended tools and surfaces. From there we will explore the many ways to control the inks and how to plan and execute paintings. Each lesson will build on the skills from the last lesson and we will paint, landscapes, flowers, trees, barns and lighthouses. This will be an eight-week course featuring a demonstration posted each week for you to watch and then discuss with the class. The great news is the demonstration will be available for you to watch many times, giving students the opportunity to really watch how each technique is accomplished. **There is a \$10 fee included in the class cost that provides you lifetime access to the videos Teri creates for the class.**

Supplies:

Alcohol Inks
4x4 or 6x6 white ceramic tiles (Lowe's or Home Depot)
Yupo or other nonporous synthetic paper
Small brushes
Q-tips
91% alcohol
Ranger or Pinata Blending Solution
Freezer Paper
Mr. Coffee straws
Regular drinking straw.
Paper towels

Teri has been a professional artist since 1998 and has won numerous local and regional awards for her paintings. She is represented by galleries throughout the States and the Virgin Islands. She relocated to the mountains in 2012 and has her own studio. In this working studio, she paints and sells her watercolors, oils, and alcohol inks and also teaches beginning and intermediate art classes. Teri developed her unique teaching style after noticing how students struggled to remember each step of a painting. Breaking a painting down into simple segments helps beginning students learn by watching, and then doing the same process themselves.

BOOK STUDY ON *THE PLAGUE* BY ALBERT CAMUS

J. Patrick Mahon, 6 Sessions, Thursday, September 24 – October 29, 3:00 pm – 5:00 pm, Cost: \$20

This novel is centered in Oran in Algiers. Oran in real life has suffered plagues and this novel sets the plague in the 1940s. When COVID erupted, I re-read the novel and was struck by the way the plague and the characters respond to the threat---a response not unlike ours. The book study will challenge our thinking about our response to COVID 19.

J. Patrick Mahon is a retired educator having served 23 years as a high school principal. He has bachelor's degrees in both philosophy and theology and is a student of literature. He and his wife now reside full time year-round in Young Harris.

YOU CAN GROW YOUR HAPPINESS: IT'S A LEARNED SKILL!

Maya Smith, 3 Sessions, Thursday, October 1 – October 15, 12:00 pm – 1:30 pm, Cost: \$14

This course will teach you practices and ways of thinking that will increase your happiness. Each week you will learn ways to harness your thoughts and how to use simple practices to enhance your life. Between classes, you will be applying these to your life. What you get out of this class will depend on what you put into it, so come ready to transform your thinking and your life.

Maya Smith was a psychotherapist in private practice in Decatur, Georgia until she became very ill with a chronic illness. During her years of illness, she learned how to transform her life so that she could continue to feel happiness in the face of adversity by changing her way of thinking and adopting certain on-going practices. She would love to share what she learned with you.

SECULAR PLURALISM: MEDIEVAL AND MODERN ORIGINS

Nathan Eric Dickman, 8 Sessions, Friday, September 25 – November 13, 3:00 pm – 5:00 pm, Cost: \$24

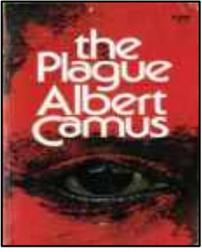
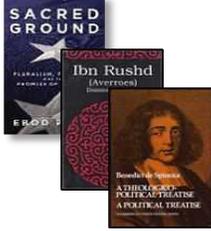
In this course, we will look at Ibn Rushd's (Averroes's) text *On the Harmony of Religion and Philosophy* and Spinoza's *Theological-Political Treatise* to grasp some early concepts about secular pluralism in medieval and modern philosophy. We will end the course with looking at Eboo Patel's *Sacred Ground: Pluralism, Prejudice, and the Promise of America* as a statement of encouragement for further work on pluralism in the US. PDF copies of the book will be made available or class participants can order their own copies through Amazon.

Nathan Eric Dickman (PhD, The University of Iowa) is an assistant professor of philosophy at University of the Ozarks—formerly an associate professor of philosophy and religious studies at Young Harris College. He researches in hermeneutic phenomenology, philosophy of language, and comparative questions in philosophy of religions. He teaches a wide range of courses, such as Critical Thinking, Islam, Ethics, and the Historical Jesus. Over the last ten years, he has published seven peer-reviewed articles specifically on questions, thinking, and dialogue in diverse disciplines—including philosophy, psychology, and education—as well as presented at over sixteen conferences on these same topics.

- ICL reserves the RIGHT TO CANCEL ANY COURSE and return the course fee if an insufficient number of students register for a course.
- You must be a member to take ICL classes.
- ICL only notifies you if a class you have signed up for has been canceled or there is some other problem with the class.
- ICL is affiliated with Young Harris College, which provides facility space and general resources for ICL program delivery. Course offerings, instructors, and opinions expressed therein do not reflect the views of Young Harris College.

Remember: You must be registered for a class 5 days prior to the class starting in order for the ICL office to process your registration and invite you to the meeting.

2020 Fall Session – September 21 – November 13

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Boost Your Immune System Ann Marie Stanczyk 10:00 am – 12:00 pm September 21 – October 12 (4 sessions - \$18)</p>	 <p>Beginning German Susan Crooks 1:00 pm – 2:45 pm September 22 – October 27 (6 Sessions - \$18)</p>	 <p>Vipers! Jill Long 11:00 am – 12:00 pm October 14 (1 session - \$12)</p>	 <p>Alcohol Inks Exploring the Medium Teri Jones 2:00 pm – 3:00 pm September 24 – November 12 (8 sessions - \$28) Class Limit - 12</p>	 <p>All classes are held online using zoom Video Communications</p>
 <p>Vipers! Jill Long 11:00 am – 12:00 pm October 12 (1 session - \$12)</p>	 <p>Medicare 101 Denise Cross 3:00 pm – 5:00 pm September 29 – October 13 (3 Sessions) \$16</p>	 <p>Getting to Know Your Camera Stephan Banakas 1:00 pm – 3:00 pm September 23 – October 21 (5 sessions - \$18)</p>	 <p>Book Study on The Plague by Albert Camus Pat Mahon 3:00 pm – 5:00 pm September 24 – October 29 (6 Sessions - \$20)</p>	
	 <p>Home Defense: A U.S. Concealed Carry Association Certification Class George Gaines 3:00 pm – 4:30 pm October 20 – November 10 (4 Sessions) \$16</p>		 <p>You Can Grow Your Happiness! Maya Smith 12:00 pm – 1:30 pm October 1 – October 15 (3 Sessions) \$14</p>	 <p>Secular Pluralism: Medieval And Modern Origins Nathan Eric Dickman 3:00 pm – 5:00 pm September 25 – November 13 (8 Sessions) \$24</p>



Want to know what is happening at the college, just click on [YHC](#)

Registration Form - Make Checks Payable to ICL@YHC and mail to PO Box 134, Young Harris, GA 30582

If two people are taking classes, please check Name 1 and/or Name 2		Fee Per Person	Name 1 Initials	Name 2 Initials	Total Fees
You must be a 2020 member of ICL to register for classes. Dues are \$10 per person for the Fall quarter.		\$10			
Boost Your Immune System	BOO	\$18			
Vipers!	VIP	\$12			
Beginning German	GER	\$18			
Medicare 101	MED	\$16			
Home Defense: A U.S. Concealed Carry Association Certification Class	HOM	\$16			
Vipers!	SNK	\$12			
Getting to Know Your Camera and Basic Photography	CAM	\$18			
Alcohol Inks, Exploring the Medium Class Limit 12	INK	\$28			
Book Study on The Plague by Albert Camus	PLA	\$20			
You Can Grow Your Happiness: It's a Learned Skill!	HAP	\$14			
Secular Pluralism: Medieval and Modern Origins	SEC	\$24			
TOTAL AMOUNT					\$

**** Required Information – Please Print**

Only complete other information if you are a new member.

**Name 1	
Email Address	
Telephone Number	
Name on Name Tag	
Mailing Address	
City, State, Zip	
**Name 2	
Email Address	
Telephone Number	
Name on Name Tag	

For security reasons, YHC requires that all vehicles parked on the college campus display a parking permit issued by ICL. If you do not have a decal and receive a ticket ICL is not responsible.

Provide the automobile information ONLY if you need a decal

Automobile 1	Automobile 2
Make	Make
Model	Model
Year	Year
Tag #	Tag #
State	State

ICL and YHC require that every individual who participates in an ICL activity sign an Agreement to Participate. This form must be submitted to the ICL Registrar as an integral part of the course registration form. *For Additional Information See Last Page*****

AGREEMENT TO PARTICIPATE

- I am aware that participating in the activities of the Institute for Continuing Learning (ICL) can be dangerous and involve many risks of injury. I understand the dangers and risks may include serious injury, impairment to parts of my body, general health or well being, or death. Because of the dangers of participating in the activities of ICL, I recognize the importance of following the class leader's directions regarding techniques and training, and to obey such instructions.
- In consideration of the ICL permitting me to participate and to engage in these activities, I hereby voluntarily assume and understand all risks associated with participation and agree to exonerate and save harmless the ICL, Young Harris College, their agents, servants and employees, and the owner(s) and/or operator(s) of other venues occasionally used by ICL from any and all liability claims, causes of action, or demands of any kind and nature whatsoever which may arise by or in connection with my participation in these activities.
- ICL, including, but not necessarily limited to, its members, officers, executive board, course leaders, classes, seminars, publications, and advertising, does not advocate nor support any political, governmental, religious, or charitable agenda or policy and does not permit such advocacy or support in any ICL sponsored activity.
- ICL reserves the right to deny class admittance and/or cancel membership to any person whose conduct is deemed disruptive.
- ICL is a program of continued learning for mature adults. Since the curriculum is specifically designed for adults, children are not accepted in the program. Guests of a class member, who are 18 years and older, are permitted to attend a single session, provided such is approved by the class coordinator and course leader.
- I certify that I have read, understand, and voluntarily sign this agreement. (If more than one individual is registering for classes, each individual must sign.**

Signature	Date	Signature	Date