



## *Zoom in to the Winter General Meeting January 9<sup>th</sup> at 10:30 a.m.*

Institute for Continuing Learning  
at Young Harris College

**ICL@YHC**

**Post Office Box 134**

Young Harris, GA 30582

Telephone: 706-379-5194

E-mail: [icl@yhc.edu](mailto:icl@yhc.edu)

**Web Site:** [www.iclyhc.org](http://www.iclyhc.org)

**EXECUTIVE BOARD**

**Officers**

**President**

Steve Demand.....404-876-6400

**Vice President**

Maria Britt .....770-235-5517

**Treasurer**

John Scott.....239-248-5661

**Secretary**

Melinda Bradley .....828-389-9653

**Past President**

Diane Frenz.....706.970.0309

**YHC Liaison**

Hayley Burch .....706-379-5016

**Committee Chairpersons**

**Curriculum**

Cy Sineath.....770-313-4219

**Finance**

Vacant .....706-379-5194

**Promotions & Publications**

Art Frenz .....706-970-0397

**Registration & Membership**

Janet Trlica ..... 972-824-3455

**Members-at-Large**

**Term Expires in 2021**

Marcia Barnes.....478-918-3963

Don Berry .....706-896-3584

Jim Davis .....828-389-8971

**Term Expires in 2022**

Diane Banakas.....850-375-7645

Vacant .....

David Fann.....706-994-8220

**Member-at-Large Emeritus**

John Kay .....706-379-3219

The January 9<sup>th</sup> virtual general meeting and course previews will definitely be different than past general meetings. The two main items on the agenda will be the election of the 2021 ICL Board and the winter course previews. To attend the meeting all you need to do is boot up your laptop, tablet or computer and log onto Zoom from the comfort of your home. You will need a microphone and camera, either built in or external. **For security purposes, to attend the general meeting and course previews please send an email to [icl@yhc.edu](mailto:icl@yhc.edu) with your name and email address so you can be invited to the meeting.**

It was encouraging to see the ICL Zoom classes offered in the fall were well attended. There were several out of state students who attended classes. Dr. Dickman, once again, taught a class from Arkansas and this semester another instructor will be teaching from Illinois.

If you need Zoom assistance there are Zoom tips on the ICL home page at [www.iclyhc.org](http://www.iclyhc.org) or send an email to [icl@yhc.edu](mailto:icl@yhc.edu) if you have additional questions and want to test Zoom out.

### *The ICL Board*



*Like us on Facebook*

**Zoom Coffee Breaks will be offered to all registered students, by invitation only, prior to the first class.**

<b>ICL Bulletin Contents</b>	
Winter Curriculum.....	3
Winter Calendar.....	7
Winter Registration.....	8



We wish you and your family a safe,  
happy, and peaceful festive season, and  
extend our sincere thanks for your support  
this year.

Institute for Continuing Learning Board



**ALL WINTER  
COURSES OFFERED  
ARE VIRTUAL USING  
ZOOM**

**THE NEWS MEDIA: WHAT'S WRONG? WHAT'S RIGHT? WHAT'S NEXT?**

***Ron Yates, 6 sessions, Monday, January 25 – March 1, 1:00 pm – 2:00 pm, Cost: \$16***

What's going on with the news media in America? Has it lost its way? If so, what can be done? How should we evaluate the media and the information it provides? Who are the people who gather the news, write it, and present it in its many forms? Who owns the media? We will examine those questions and issues and we will also look behind the headlines for the truth and accuracy, as well as the biases, and the dishonesty. We will learn how to recognize bias and unfairness in print and broadcast news. Classes will be interspersed with real life instances of “stories behind the stories.”

*Ronald E. Yates is a former award-winning foreign correspondent for the Chicago Tribune and Professor Emeritus of Journalism at the University of Illinois where he was also the Dean of the College of Media. More recently, Ron has turned to fiction and is the author of the award-winning Finding Billy Battles Trilogy. Ron lived and worked as a foreign correspondent in Japan, China, Southeast Asia and Latin America where he covered several major stories including the fall of South Vietnam and Cambodia in 1975, the 1989 Tiananmen Square tragedy in Beijing, and revolutions in Nicaragua, El Salvador and Guatemala. His work as a foreign correspondent resulted in four Pulitzer Prize nominations and numerous other journalism awards.*

**CONTEMPORARY APPALACHIAN LITERATURE: ASSUMPTIONS & ANALYSIS**

***Mikala Jones, 8 Sessions, Monday, January 25 – March 15, 4:30 pm – 5:30 pm, Cost: \$18***

Appalachian stories have often been written by outsiders whose limited experiences misrepresented locals' realities. Publication affords power; therefore, one's perspective and how that perspective bleeds into accessible texts can distort the *real* in detrimental ways—despite positive intentions. With these abstract claims, I mean to address how Contemporary Appalachian Literature seeks to redress inaccurate narratives. Connecting Ron Rash's work to that of his former student's, David Joy, we will discuss how these Contemporary Appalachian authors reframe the region through their fiction.

While Rash and Joy will be the prominent focus of our course, we will also engage with additional Appalachian writers because to bury the diversity of the region is to cheapen the strength of all Appalachian voices. We will focus on two books: *Nothing Gold Can Stay* by Ron Rash and *When These Mountains Burn* by David Joy. Excerpts from additional authors will be provided via emailed pdfs.

*Mikala Jones joined Young Harris College's English faculty in 2020 soon after earning a Master of Arts degree in English Composition and Rhetoric from the University of Massachusetts Amherst. She also holds a Bachelor of Arts in English Literature from Young Harris College. Mikala focuses her scholarly work on prison writing programs, literacy studies, and community-engaged pedagogies, and her hobbies include hiking, stamp carving,*

*and—of course—both reading and writing. A few of her favorite writers include Dorothy Allison, Paul Auster, Ernest Hemingway, and Claudia Rankine.*

### **SIMPLE AND FUN WINTER RECIPES**

***Ann Marie Stanczyk, 4 Sessions, Tuesday, January 19 – February 9, 10:00 am – 12:00 pm, Cost: \$18***

What could be better than quick and easy, warm and nourishing, comfort food on a cold winter's day? The needed foods and ingredients list will be e-mailed to you, as we go along. So, don your aprons and sharpen your knives, as this will be an interactive class, where we'll all be cooking together, on Zoom, with excellent social distancing!

*Ann Marie Stanczyk is a Nutritionist and a Medical Technologist, who has worked in Health Care her entire career. She understands disease and wellness from many viewpoints and has worked for a Holistic doctor in Blairsville for 6 years. She believes all people should be healthy and works to educate people toward that goal.*

### **WRITE YOUR MEMORIES INTO FAMILY STORIES**

***Glenda Beall, 6 Sessions, Tuesday, January 26 – March 2, 1:30 pm – 3:30 pm, Cost: \$20***

Using the five senses, seeing, hearing, tasting, feeling, and smelling will draw readers into your stories, create details that make your memories come alive. Students will receive prompts to get the memories flowing. They will write a story each week to share for feedback. The instructor will read and offer suggestions and advice with any problems in their writing.

*Glenda Beall is the author of the poetry book, **Now Might as Well be Then**, co-author of **Paws, Claws, Hooves, Feathers and Fins**, and a family history book **Profiles and Pedigrees, The Descendants of Thomas Charles Council (1858- 1911)**. Her creative nonfiction, short stories and poetry have been published in magazines, anthologies, and journals such as **Reunion Magazine, Kakalak NC Poets 2009, Cup of Comfort for Horse Lovers**, and others. She is program coordinator for the NC Writers' Network – West. Read more about her online: [www.glendacouncilbeall.com](http://www.glendacouncilbeall.com) and [www.profilesandpedigrees.blogspot.com](http://www.profilesandpedigrees.blogspot.com)*

### **INTRODUCTION TO SAFE HANDGUN HANDLING: A USCCA CERTIFICATE COURSE**

***George Gaines, 4 Sessions, Tuesday, January 19 – February 9, 3:00 pm – 4:30 pm, Cost: \$16***

This course is for individuals who presently own and keep a handgun in their home. It is not necessary that you have a permit to carry concealed. Students are asked to have their handguns with them during instruction, however, **NO AMMUNITION SHOULD BE KEPT IN THE SAME ROOM AS THE STUDENT!!!** This course relies heavily on live demonstrations and students will have the opportunity to demonstrate their ability to perform same. The course includes 4 days (6 hours) of Zoom online instruction. Due to COVID-19, there can be no firing range practice as part of this course. A USCCA Graduation Certificate will be awarded to those who complete the course.

Students who already have taken “Home Defense” may find the nomenclature being used easier to understand, however, the emphasis in this course is on instructor hands-on demonstration and student practice. Content outline: Self-Defense Firearm Basics (1); Defensive Shooting Fundamentals (2); Gear and Gadgets (3) and Basic and Advanced Skills (4).

*George grew up in Pensacola, Florida and has lived and worked throughout the United States and Europe. He graduated from The University of Alabama and later earned his doctorate at the University of Georgia (1971). His early career was spent teaching in the Louisiana State University System.*

*In 1980 he began working in the private sector in marketing research for major corporations such as Southern Company, The Gallup Organization, Research International, and IPSOS. During this time, he served as the International Accounts Director for Pratt & Whitney, UPS, Pepsico, and later for The Coca-Cola Company.*

*His last corporate assignment was Director of Consumer Insights for Outback Steakhouse International, where his duties included extensive marketing communication research in Latin America, Asia, and Europe. Following his retirement in 2013, George pursues his lifelong commitment to teaching firearms safety. He is an NRA Certified Instructor and Chief Range Safety Officer as well as a USCCA Training Counselor. He presently is Director of Open Enrollment for the US Branch of Israel's IMI (Israel Military Industries) Academy for Advanced Security and Anti-Terror Training.*

### **BACK TO BASICS: BODY PARTS AND FUNCTION**

*Jill Long and Sheila Rodgers, 3 Sessions, Wednesday, January 20 – February 3, 10:00 am – 11:30 am, Cost: \$16*

This course will cover Circulation [Heart attacks and strokes], Respiratory [COPD and Pneumonia], Gastro [GERD and constipation], Urinary [Incontinence] and Skeletal/Musculo [Knees and hips].

*Sheila has lived in Young Harris since 2001. She retired from nursing 2 years ago and is focused on keeping mentally and physically fit. She continues to have an active interest in senior health-related matters.*

*Jill has resided in the beautiful mountains and lakeshore territory of Hayesville for 15 years. A retired nurse/educator, she spends her time weeding her yard and floating on the lake.*

### **AN INTRODUCTION TO PHOTOSHOP**

*Stephan Banakas, 5 Sessions, Wednesday, January 20 – February 17, 1:00 pm – 3:00 pm, Cost: \$18*

Once you have taken the picture – now what? In this very basic introduction to the world of Photoshop we will acquaint you with mechanics of the program, how to set it up and then navigate your way around in Photoshop, and address the basic post-processing methods found in this program. All of this will be accomplished as we work on actual RAW images that will be provided by the instructor. We plan to get into Adobe Camera Raw, Adjustment Layers, Blend Modes, Filters, Saturation, Cropping, Vignetting, and much more. All of this will be presented at a very basic level. Certain elements of photography and image structure and composition will also be discussed. Whether you shoot landscapes or macro there is something in this class for you.

#### **NOTE:**

We will **NOT** be working in Lightroom or Elements and those attending must have access to Photoshop CS6 or newer. (The latest version is CC 2021.) Either Apple or PC versions of the program can be used.

*Stephan Banakas is an avid fly fisherman and wildflower/landscape photographer. He is originally from Pensacola, FL. where he worked as a police officer until he retired in 1999. He now lives in Hayesville with his wife, Diane, and their two cats Gordon and Maggie.*

### **ALCOHOL INKS - ABSTRACTS, FLORALS AND MORE... (Class Limit 12)**

*Teri Jones, 8 Sessions, Thursday, January 21 – March 11, 2:00 pm – 3:00 pm, Cost: \$28*

This class will offer 8 Individual lessons on ways to create a wide range of paintings using alcohol inks. We will do a zoom paint-a-long of a prerecorded video each week. Students will have access to each video online to review if they choose before and after the class. All levels are welcome. The great news is the demonstration will be available for you to watch many times, giving students the opportunity to really watch how each technique is accomplished. **There is a \$10 fee included in the class cost that provides you with lifetime access to the videos Teri creates for the class.**

**Supplies:** alcohol inks, 4x4 or 6x6 white ceramic tiles (Lowe's or Home Depot), Yupo or other nonporous synthetic paper, small brushes, q-tips, 91% alcohol, ranger or pinata blending solution, freezer paper, Mr. coffee straws, regular drinking straw, paper towels

*Teri has been a professional artist since 1998 and has won numerous local and regional awards for her paintings. She is represented by galleries throughout the States and the Virgin Islands. She relocated to the*

*mountains in 2012 and has her own studio. In this working studio, she paints and sells her watercolors, oils, and alcohol inks and also teaches beginning and intermediate art classes. Teri developed her unique teaching style after noticing how students struggled to remember each step of a painting. Breaking a painting down into simple segments helps beginning students learn by watching, and then doing the same process themselves.*

### **POST-PROCESSING PHOTOGRAPHS**

***J. Patrick Mahon, 6 Sessions, Thursday, January 21 – February 25, 3:00 pm – 5:00 pm, Cost: \$20***

Even with digital cameras, you can work to get it right in the camera; however, shooting in RAW yields flat photos. This is where the arsenal of strategic fixes in post-processing comes into play. We will practice processing in a variety of programs (most of them give you a 30-day trial) with an emphasis on Adobe Photoshop CC, especially Camera Raw, On1, some Topaz programs and the new Luminar AI which will be released over the holidays. Half of each class will be devoted to you presenting your processed photographs.

*J. Patrick Mahon lives in Young Harris and is an avid photographer and a retired educator.*

### **TECH TALK 2.0**

***Mike Masiello, 5 Sessions, Friday, January 22 – February 19, 10:00 am – 12:00 pm, Cost: \$18***

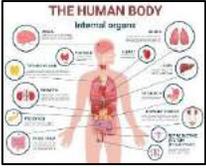
Our daily use of technology was more important than ever in 2020. This will continue in 2021. Tech Talk 2.0 will present some of the same topics that were addressed in Tech Talk 1.0, but also new content will be added. We will discuss local area broadband options (fiber, cable, cellular internet), home entertainment live TV streaming options (You Tube TV, Hulu, Windstream TV, etc.) and different options in streaming devices (Chromecast, Firestick, Smart TV's, etc.). Security topics will be discussed, online security (browsing safely, phishing, scams, etc.) various Windows 10 security features, how to clean your browser, the importance of Firewall and Virus protection. Backups will be covered, Windows 10 operating system and data backups. Finally, free applications will be discussed. Mainly these will be entertainment streaming options and online financial applications. The main goal of the class is to learn not only from the class content but from each other so bring your ideas, comments, and questions.

*Mike has been working in the IT industry in one form or another since the early 1980's. He is currently still working part time as a System Administrator. Mike and his wife live Young Harris and think it is one of the nicest areas in the country to live. They enjoy hiking the local trails and the AT, gardening, visiting the many antique stores in the area and of course taking classes at ICL.*

- ICL reserves the **RIGHT TO CANCEL ANY COURSE** and return the course fee if an insufficient number of students register for a course.
- You must be a member to take ICL classes.
- ICL only notifies you if a class you have signed up for has been canceled or there is some other problem with the class.
- ICL is affiliated with Young Harris College, which provides facility space and general resources for ICL program delivery. Course offerings, instructors, and opinions expressed therein do not reflect the views of Young Harris College.

**Remember: You must be registered for a class 5 days prior to the class starting in order for the ICL office to process your registration and invite you to the meeting.**

2021 Winter Session – January 19 – March 15

Monday	Tuesday	Wednesday	Thursday	Friday
 <p><b>The News Media: What's Wrong? What's Right? What's Next?</b> Ron Yates 1:00 pm – 2:00 pm January 25 – March 1 (6 Sessions - \$16)</p>  <p><b>Contemporary Appalachian Literature: Assumptions &amp; Analysis</b> Mikala Jones 4:30 pm – 5:30 pm January 25 – March 15 (8 Sessions - \$18)</p>	 <p><b>Simple and Fun Winter Recipes</b> Ann Marie Stanczyk 10:00 am – 12:00 pm January 19 – February 9 (4 Sessions - \$18)</p>  <p><b>Write Your Memories into Family Stories</b> Glenda Beall 1:30 pm – 3:30 pm January 26 – March 2 (6 Sessions - \$20)</p>  <p><b>Introduction to Safe Handgun Handling: A USCCA Certificate Course</b> George Gaines 3:00 pm – 4:30 pm January 19 – February 9 (4 Sessions - \$16)</p>	 <p><b>Back to Basics: Body Parts and Function</b> Jill Long &amp; Sheila Rodgers 10:00 am – 11:30 am January 20 – February 3 (3 Sessions - \$16)</p>  <p><b>An Introduction to Photoshop</b> Stephan Banakas 1:00 pm – 3:00 pm January 20 – February 17 (5 Sessions - \$18)</p>	 <p><b>Alcohol Inks Abstracts, Florals &amp; More</b> Teri Jones 2:00 pm – 3:00 pm January 21 – March 4 (8 sessions - \$28) <b>Class Limit - 12</b></p>  <p><b>Post-Processing Photographs</b> Pat Mahon 3:00 pm – 5:00 pm January 21 – February 25 (6 Sessions - \$20)</p>	 <p><b>All classes are held online using</b> <b>zoom</b> Video Communications</p>  <p><b>Tech Talk 2.0</b> Mike Masiello 10:00 am – 12:00 pm January 22 – February 19 (5 Sessions - \$18)</p>

**Registration Form - Make Checks Payable to ICL@YHC and mail to PO Box 134, Young Harris, GA 30582**

If two people are taking classes, please check Name 1 and/or Name 2		Fee Per Person	Name 1 Initials	Name 2 Initials	Total Fees
<b>Annual memberships are now due. You must be a member to register for a class. Dues are \$25 per person.</b>		<b>\$25</b>			
Contemporary Appalachian Literature	CON	\$18			
Simple and Fun Winter Recipes	SIM	\$18			
Write Your Memories into Family Stories	MEM	\$20			
Introduction to Safe Handgun Handling	HAN	\$16			
Back to Basics: Body Parts and Function	BAC	\$16			
An Introduction to Photoshop	PHO	\$18			
The News Media: What's Wrong? What's Right? What's Next?	NEW	\$16			
Alcohol Inks, Abstracts, Florals and More <b>Class Limit 12</b>	ALC	\$28			
Post-Processing Photographs	POS	\$20			
Tech Talk 2.0	TEC	\$18			
<b>TOTAL AMOUNT</b>					<b>\$</b>

Please share this bulletin with your family and friends. Don't forget, anyone can now attend classes no matter where they reside.

\*\*\*

Please attend the virtual general meeting and election of officers for 2021. January 9<sup>th</sup> at 10:30 am. Just send an email to [ICL@yhc.edu](mailto:ICL@yhc.edu) with your name and email address so you can be invited to the meeting.

**\*\* Required Information – Please Print** Only complete other information if you are a new member.

	**Name	Email Address	Telephone Number	Mailing Address	City	State	Zip
Name 1							
Name 2							

**ICL and YHC require that every individual who participates in an ICL activity sign an Agreement to Participate. This form must be submitted to the ICL Registrar as an integral part of the course registration form. \*\*\*For Additional Information See Last Page\*\*\***

**AGREEMENT TO PARTICIPATE**

- I am aware that participating in the activities of the Institute for Continuing Learning (ICL) can be dangerous and involve many risks of injury. I understand the dangers and risks may include serious injury, impairment to parts of my body, general health or well being, or death. Because of the dangers of participating in the activities of ICL, I recognize the importance of following the class leader's directions regarding techniques and training, and to obey such instructions.
- In consideration of the ICL permitting me to participate and to engage in these activities, I hereby voluntarily assume and understand all risks associated with participation and agree to exonerate and save harmless the ICL, Young Harris College, their agents, servants and employees, and the owner(s) and/or operator(s) of other venues occasionally used by ICL from any and all liability claims, causes of action, or demands of any kind and nature whatsoever which may arise by or in connection with my participation in these activities.
- ICL, including, but not necessarily limited to, its members, officers, executive board, course leaders, classes, seminars, publications, and advertising, does not advocate nor support any political, governmental, religious, or charitable agenda or policy and does not permit such advocacy or support in any ICL sponsored activity.
- ICL reserves the right to deny class admittance and/or cancel membership to any person whose conduct is deemed disruptive.
- ICL is a program of continued learning for mature adults. Since the curriculum is specifically designed for adults, children are not accepted in the program. Guests of a class member, who are 18 years and older, are permitted to attend a single session, provided such is approved by the class coordinator and course leader.
- I certify that I have read, understand, and voluntarily sign this agreement. (If more than one individual is registering for classes, each individual must sign.

Signature

Date

Signature

Date