



Institute for Continuing Learning
at Young Harris College

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“I like a teacher who gives you something to take home to think about besides homework.”

- Lily Tomlin

Lily would love any of our ICL classes! Each course offers unique opportunities that give you something to think about. And the best part is that there’s no homework, unless you’re an overachiever and want to immerse yourself in provided or suggested readings. This next semester has a wide range of classes that will introduce you to new topics or activities.

As school gets ready to kick off, it warms my heart to watch my grandsons and local children go through ‘the first day of school’ rituals. New book bags, sharp crayons and pencils, character lunch boxes, sharp hair cuts and perhaps a new pair of shoes top the list. I’m glad those days are past me now, but I must admit I still get excited for my first day of any class with ICL. I may not have a princess lunch box but I’ll have a water bottle, my name tag and a notebook.

Learning has never grown old for me and ICL makes it fun. Let ICL be a channel of growth, learning and comradery for you. Check out our Fall classes, bring a friend and take something home to think about. Come join us and get excited about learning!

Maria Downs
President, ICL

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- ICL reserves the RIGHT TO CANCEL ANY COURSE and return the course fee if an insufficient number of students register for a course.
- You must be a member to take ICL classes.
- ICL only notifies you if a class you have signed up for has been canceled or there is some other problem with the class.
- ICL is affiliated with Young Harris College, which provides facility space and general resources for ICL program delivery. Course offerings, instructors, and opinions expressed therein do not reflect the views of Young Harris College.



Are You Interested?

ICL is in the early stages of preparing for our annual board elections in January 2023. There are three member-at-large positions to be filled on the ICL board, as well as the position of Secretary. A brief description of both roles is as follows:

Secretary: Draft/edit/finalize general and board meeting minutes; maintain ICL records and documentation; attendance at 4 board meetings (March, June, August and November) and 2 general meetings (Course Preview/Ice Cream Social in June and a general meeting in January); assisting committees as needed; and, advocating for ICL. The Secretary is a member of the executive board and is elected for a term of one year.

Member-at-Large: Duties include attendance at 4 board meetings (March, June, August and November) and 2 general meetings (Course Preview/Ice Cream Social in June and a general meeting in January); providing feedback on the program; assisting committees as needed; and, advocating for ICL. Meetings are held on Saturday mornings at 10:30 am via Zoom or at the ICL classroom and attendance is flexible. Members-at-large are voting members of the board and are elected for a term of two years.

If you are interested in volunteering in either of these roles, please contact Debbie Estes at djestes55@gmail.com (email) or 352.284.8854 (text/phone).

Based on the classes that are offered and with the instructor's guidance, ICL has established 7 levels of COVID protection. Each class will indicate the requirements for students who attend the class.

- ❖ No Special Requirements other than COVID guidelines on page 13.
- ❖ Social distancing 6 feet
- ❖ Require masking if unvaccinated
- ❖ Require masking indoors only
- ❖ Require masking at all times – both indoor and outdoor
- ❖ Require full vaccination
- ❖ Require full vaccination and show proof at the door

HATHA YOGA FOR EVERYBODY - Class Limit 15

No Special Requirements

Heather Devereaux, 8 Sessions, Monday, September 19 – November 7, 10:30 am – 11:30 am, Cost: \$20

Class location – Mountain Yoga Massage and Boutique - 564 Shoe Factory Rd, Blairsville GA

Hatha yoga for everyBODY. Experience the healing properties of yoga. You will be guided through meditation, breathing and yoga poses. In depth instruction. Please bring an exercise mat and wear clothes you can stretch in. We practice in bare feet. No experience necessary.

I initially found yoga as a way to heal and maintain my physical health. Twenty years later, yoga has been my go-to for wellbeing in the face of life's challenges. My goal with opening a yoga studio 10 years ago was to introduce the benefits of a consistent yoga practice to everyone, regardless of age, no matter their physical limitations.

MAKING BAGELS – Class Limit 10

No Special Requirements

Norma Berkman, 1 Session, Monday, September 19, 1:00 pm to 4:00 pm, Cost: \$15

Class location - Good Shepherd Church - 495 Herbert Hills Dr, Hayesville, NC

The participants will learn to make real bagels, not the round bread that is commonly sold in supermarkets and restaurants. Each participant will go home with half a dozen delicious bagels, and the best, easiest recipe to make them. There will be a **\$5 charge for supplies** payable at the door. **Each student should bring the following items to class:** Spatula, baking sheet, slotted spoon, cooling rack, dish towel, cutting board to knead on, measuring cup and measuring spoon.

Norma retired to North Georgia 11 years ago following a thirty-year career as a CPA in South Florida. She lives in Young Harris with her husband Michael and Stella, the most wonderful rescue dog. She loves cooking and baking and sharing time honored recipes.

ESSENTIAL OILS – Zoom Only

Jennifer Gilman, 8 Sessions, Monday, September 19 – November 7, 1:30 pm – 2:30 pm, Cost: \$20

Learn in-depth, about 20 essential oils that can help you in your everyday life. You'll learn the origins, how they harvest and distill, best ways to use and recipes to put into action. Each weekly class is recorded and sent to you in case you can't make it that day and time.

I've been practicing holistic health for a decade professionally, and my entire adult life personally. I'd say my true gift is connecting with people to create a safe space that leads to sustainable changes for those that work with me...both physically and emotionally. Through my knowledge as an Integrative Nutrition Health Coach specializing in Hormone Health, a Master Herbalist, and a Certified Aromatherapist, I can provide multiple modalities to meet my client's needs. My new endeavor is becoming a Functional Medicine Certified Health Coach which will enhance my skills in looking at all aspects of your health. I'm committed to my own self-care and have become a bit of a "self-care muse" for others in my community. I love spending time with my husband and daughter living in St. Petersburg, Florida and visiting the Airbnb's we own in the mountains of North Carolina. Learning, being in nature, traveling and community are my passions.

UKULELE 101 – Class Limit 18

No Special Requirements

Cy Sineath, 6 Sessions, Monday, September 19 – October 24, 3:00 pm – 4:30 pm, Cost: \$20

The ukulele has aptly been called the “funnest instrument on earth.” And that is what this class is all about... **FUN**. No prior musical experience is necessary, and please, no music theory. Each week, the class will learn new chords, songs, and strumming patterns that build on the week before. The uke is so “user friendly,” you'll be playing songs after the first class. By the end of the course, participants will be able to play hundreds of songs and confidently strum along with ukulele groups wherever they are found. Singing and laughing are integral to this course! Requirements: A ukulele (standard tuning GCEA) and a willingness to sing and laugh with the group! The facilitator has a limited number of ukuleles that may be loaned until participants obtain their own. **Please, no banjoleles.**

Cy Sineath has been playing the ukulele for 8 years and has enjoyed playing socially with groups throughout the southeast as well as Dublin, Ireland and London, England. Prior to moving to Blairsville in 2017, he played regularly with two groups in the Atlanta area. He feels the ukulele is much like the game of Bridge; you can learn the basics in a matter of hours and then spend the rest of your life mastering it. He now lives here in the mountains with his wife, Jo, and Otis, the wonder dog.

BEGINNING HAND QUILTING – Class Limit 6

Require Masking if Unvaccinated

Shirley Deasy, 8 Sessions, Monday, September 19 – November 7, 10:00 am – 12:00 pm, Cost: \$30

Hand quilting has been done through the ages and still valued as a pleasurable and beautiful way to finish small to large quilts. In this class, we will learn about the tools needed (required and optional), how to baste the “quilt

sandwich” (the backing, batting and quilt top) and then learn the hand quilting technique. The kit for the class includes a 16” square pre-printed quilt block, batting, backing, thread, a few quilting needles and a thimble. **No Special Requirements or previous experience is needed. There is a material fee of \$10 for the kit payable on the first day of class.**

Shirley Deasy has been making quilts for over 30 years. Shirley’s grandmother and mother made hand quilted quilts, and later Shirley taught herself to quilt them by hand. One of her hand quilted quilts received a Judge’s Appreciation Award at this year’s East Cobb Quilt Guilds Show; she won 3rd prize at the North Carolina State Fair in 2009 and in 2019, she won first prize for hand quilting at the Misty Mountain Quilt Guild show. Shirley, her husband, a silly Scottish Terrier and a lovable old cat live in Union County near Nottely Dam.

DIVING INTO WATERCOLORS – Class Limit 10

No Special Requirements - Masks are Optional

Billie Shelburn, 4 Sessions, Monday, October 3 – October 24, 1:00 pm – 4:00 pm, Cost: \$20
The classes will be held at the Billie Shelburn Studio, 1942 Old Highway 64, Hayesville, NC

“Diving into Watercolors” consists of 4 sessions, 3 hours each. Attend and learn the easy and correct way to paint landscapes, still life and more. Demos and instructions will get you started to give you what you need to create an original painting each session. Handouts will be provided for independent work. **Materials include paper, brushes, paints, tools at \$25 per session payable to the instructor.**

Billie Shelburn is a contemporary studio artist and fine art instructor in painting, drawing and mixed media. Billie’s works are comprised of representational, impressionistic and mixed media styles. Her paintings have won National, International and Regional awards. Bille was inducted into the National Organization for Women in Arts in Washington, D.C. and has served on the Executive Boards of Georgia Watercolor Society. Currently Ms. Shelburn is the Resident Artist at John C. Campbell Folk School in Brasstown, N.C.

REVERSING DIABETES WITH FOOD

No Special Requirements

Ann Marie Stanczyk, 4 Sessions, Monday, October 17 – November 7, 1:00 pm – 3:00 pm, Cost: \$20

Ann Marie has been reversing diabetes since 1960, with numbers to prove it. Most recently, she lowered one person's fasting blood sugar from 200 to 120 in 3 WEEKS. Doctors don't discuss diet, but Nutritionists do! So let's focus on what really matters for your health and well-being.

Ann Marie is a Medical Technologist with a Master's degree in Nutrition. She worked with Dr. Cindy Libert for 6 years as the Nutritionist for her practice. Together they successfully lowered patients' sugar, cholesterol, blood pressure and weight, using diet and lifestyle changes.

BEGINNER’S PICKLEBALL – Class Limit 8

No Special Requirements

Ron Tomczyk, 8 Sessions. Tuesday, September 20 – November 8, 8:00 am – 9:30 am, Cost: \$30
Pickleball Courts - 67 Chase Drive, Blairsville, GA

This class is for beginners. You will learn the rules of pickleball, proper ball handling techniques, dinking the ball, serving and returning the ball, punch block and drop block, basic strategy and drop shots. Balls and paddles are provided.

Ron Tomczyk is a retired CPA living in Blairsville with his wife Pat, a Yoga and Tai Chi instructor. They have lived here 17 years. Ron has been playing pickleball approximately five years and has been a Certified IPTPA pickleball instructor for a year. Ron enjoys the game and has been teaching beginners for over a year.

FUNDAMENTALS OF BLACKSMITHING – **Class Limit 6**

Ray Anderson, 7 Sessions, Tuesday, September 20 – November 1, 10:00 am – 12:00 pm, Cost: \$45

This class will be held at 529 Qualla Terrace, Hayesville NC 28904

No Special Requirements

This course will take you from an interest in blacksmithing to using your new skills to make useful items from hot iron. The following are techniques you will learn and understand; drawing out metal, bending metal, scrolling, splitting, and twisting. The student will create a "story ring" to keep samples of these techniques to refer back to when you are creating projects in the future, or to tell the story of your time at the Forge.

This Fundamentals Class is co-ed and open to students of all skill levels. All necessary equipment will be provided: Metal, equipment, tools, safety glasses and Hearing Protection.

Cost for equipment and supplies is \$120 payable to the instructor the first day of class.

PLEASE WEAR WORK CLOTHES, LONG PANTS, CLOSED TOED SHOES, (BOOTS PREFERRED) AND LONG SLEEVES. BRING SNACKS AND PLENTY OF WATER.

Raymond Anderson is the owner of The Blacksmith Experience. Ray has been working in metal for a lifetime. He retired from the USN as a boiler maker. His co-instructor is Elmer Rouch, who is a world famous Blacksmith and National treasure. We hope you enjoy this Blacksmith Experience. Forging a lifetime of memories, and having a great time in the process.

SOLVING THE PUZZLE OF YOUR PAST

No Special Requirements

Marty Dellinger, 8 Sessions, Tuesday, September 20 – November 8, 10:00 am – 12:00 pm, Cost: \$25

The study of genealogy is defined by Merriam-Webster as, "an account of the descent of a person, family, or group from an ancestor..." As we age, we start wondering where we come from. Who are those people who came before us and helped make us who we are? How do we find those people?

Topics included in this class will be how to start your search, the endless number of Web sites (especially free sites!) available for your search, proper format of names, dates, and places to ensure success in your search, and why DNA is so important.

Marty Dellinger taught Information Technology in the NC Community College System for more than 20 years. After retirement she and her husband, Paul, moved to Blairsville. Retirement gave Marty the time to begin active research of her family tree. She has taken numerous classes on several topics in genealogy and has found some interesting family surprises. The main one being that her husband is a 4th – 5th generation cousin!

VEGETARIAN OR VEGAN: THE HOW'S AND WHY'S – **Class Limit 10**

Require Full Vaccination

Brenda Hull, Tuesday, 2 Sessions, September 20 & September 22, 1:00 pm – 4:00 pm, Cost: \$20

Class location - Good Shepherd Church - 495 Herbert Hills Dr, Hayesville, NC

Thinking about dropping meat from your menu? Or have a family member who has and you have to fix them something they can eat? We'll discuss the pros and cons and how to make delicious healthy meals for all the veggie eaters in your life. **Bring container or something to take food home and a willingness to try new ideas. \$15 per session pays for the food you cook and take away, \$30 total.**

Brenda Hull taught general biology, ecology, conservation biology, herpetology, marine science, invertebrate zoology, animal behavior, ornithology, biogeography and organic gardening at Young Harris College. Since retiring she enjoys gardening on her farm in Clay County NC where she raises chickens and turkeys and plays with her horses and dogs. She believes strongly in the Local Foods movement and the small farms projects going on around the country. Cooking and eating good food with friends are the joys of life!

FALL WILDFLOWER RAMBLES – **Class Limit 18**

No Special Requirements

Elaine Delcuze, 8 Sessions, Tuesday, September 20 – November 8, 3:00 pm – 6:00 pm, Cost: \$25

While you were playing in the summer sun, the trees and plants were hard at work keeping you cool overhead and underfoot. With autumn comes change, and this class will revel in those changes. North Georgia's diverse vegetation—wildflowers, ferns, mosses, lichens, and trees—will be observed with particular emphasis on individual characteristics within species and their habitat preferences. Due to the nature of botanical rambles and travel time, classes may extend beyond the specified class time. All classes will assemble at the ICL classroom and carpool to the selected field trip site. All rambles are of moderate length and difficulty. So come prepared with field guide, hand lens and notepad to welcome another fall in the Southern Appalachians.

Elaine Delcuze has been a naturalist with Georgia State Parks and a field trip guide with the Georgia Conservancy, Botanical Society and Ornithological Society. She has been involved in the wildflower survey of the Chattahoochee National Forest and has contributed to the Conservancy's "Guide to the North Georgia Mountains." She is a member of the Preservation Board of the Georgia Mountains Research & Education Center and has done programs and news articles for the Native Plant Preservation Committee.

PHOTOGRAPHING FALL LANDSCAPES AND FLOWERS – **Class Limit 10**

No Special Requirements

Stephan Banakas, 4 Sessions, Tuesday, October 11 – November 1, 1:00 pm – 5:00 pm, Cost: \$30

This class will combine basic photographic skills with Fall wildflowers and landscapes as the primary subjects to be photographed. Each week students will attend a 4-hour class that will begin with meeting in the classroom for a Power Point presentation centered on basic camera techniques, adjustments, and considerations that will aid them in photographing these subjects. After this portion of the class students will then have time to get to a meeting point from which the class will proceed to a specific outdoor area and then photograph wildflowers and/or landscapes. Should anyone prefer not to join in this part of the class, they will have an opportunity to go to various areas and shoot at their leisure.

Students will then be requested to submit a few of their photos to the instructor who will include the photos along with camera settings in the Power Point for presentation and discussion by the class during the following week. And the above-described process will be repeated.

Should the weather be bad, the classroom portion of the program will still be held and a 'make up day' for the outdoor portion of the class would be scheduled at the end of the 5-session class.

The class would be limited to 10 students and would be conducted over 5 sessions lasting 4 hours/session. Students should possess basic camera skills and **must** be able to handle short hikes on uneven ground for distances up to ¼ mile. November 8th will be reserved as a make-up day.

Stephan Banakas is an avid fly fisherman and wildflower/landscape photographer. He is originally from Pensacola, FL. where he worked as a police officer until he retired in 1999. He now lives in Hayesville with his wife, Diane, and their two cats Gordon and Maggie.

THE ANDROID CELL PHONE

Jim Dollens, 4 Sessions, Wednesday, September 21 – October 12, 10:30 am – 11:30 pm, Cost \$20

No Special Requirements

This course will discuss and demonstrate many features and functions of this popular device including a survey of a few of the 2.8 million available apps. The class will be a "hands-on" opportunity to set-up features and operate functions on your device. We will examine the standard applications as well as review some of the more popular applications. Those who attend should already own an Android phone although it is not a requirement.

Jim has worked in the technology field having held positions ranging from programmer/analyst to systems manager in industry and government. Currently, I am an adjunct professor for online courses in Web and Java

programming, and cyber security. Locally, my wife and I are members of the American Legion post in Hiawassee where we participate in veteran support activities. I also serve on the Board of S.A.F.E. (www.safeservices.org), which serves victims of domestic violence in Union and Towns counties

BEGINNING CROCHET – Class Limit 8

No Special Requirements

Jo Sineath, 4 Sessions, Wednesday, September 21 – October 12, 1:30 pm – 3:00 pm, Cost \$20

This class teaches the basics of Crochet. Participants will learn about crochet hooks and available yarns and then the creation of foundation chains and a variety of stitches, gauge, and the finishing off of a project. As a class a simple project will be completed by learning to read a pattern and using multiple stitches. For any other individual projects, the instructor will assist in choosing a pattern of their choice and purchasing the yarn.

My grandmother taught me to crochet when I was in the fourth grade. I didn't really use the skill until my niece was born 15 years later. Thankfully, Gram was still around to give me a refresher allowing me to complete my first baby afghan. I have since completed dozens of projects for our home, as well as gifts for friends and family. My husband says that he doesn't recognize me without a crochet hook and yarn in my hand. I have recently joined a group that knits and crochets items of clothing for World Vision, providing them for the needy, the world over. This group started as an ICL class over 20 years ago. I spent 47 years as a healthcare provider and have found crocheting a relaxing and fulfilling hobby.

TREE IDENTIFICATION – Class Limit 20

Require Full Vaccination

Mark Westhafer, 4 Sessions, Thursday, September 22 – October 13, 10:00 am - 12:00 pm, Cost: \$20

The first 2 classes will be at the Georgia Mountain Research and Education Center (GMREC)

195 Georgia Mountain Experiment Station Rd., Blairsville, GA

The focus of this course is on the native tree species of the southern Appalachian region. We will identify local trees by understanding their specific morphological characteristics. This geographic area has an abundance of diverse tree species, and we will cover many of the basics of how to identify different tree species followed by hikes through local areas to have “hands on” demonstrations and practice. Our primary focus will be on the identification of our deciduous or hardwood trees rather than the evergreen species. Many of the trees we will identify are readily distinguishable by simple characteristics of their leaf morphology but we will also observe bark and flower details where applicable. **The first and second classes will meet at the University of Georgia Mountain Research and Education Center (GMREC)** and examine many of the trees on those grounds. The other two classes will meet at nearby locations where additional tree species can be found. Beginners are welcome and useful items to bring are a field guide and a hand lens (optional). Two highly recommended reference books are “Trees of the Carolinas” by S. Tekiel and “Native Trees of the Southeast” by Kirkman, et al. Except for a short introduction during the first session, this is an outdoor class so please be **prepared for relatively easy walks but also the possibility of rain.**

Mark Westhafer is a biotechnology science professional and has experience as a patent attorney specializing in biotechnology inventions. He has had a longstanding interest in tree identification, developed while growing up in the Midwest. He has taught many courses in the field of agriculture while in graduate school and enjoys getting back into the woods of North Georgia to enjoy the amazing plant diversity in this area.

CYBER AND SECURITY FRAUD

No Special Requirements

Dale Fiedler, 4 Sessions, Thursday, October 6 & 13 – November 2 & 9, 1:00 pm – 2:30 pm, Cost: \$20

This class will introduce the concepts of Information Security or “Cyber Security”. We will discuss topics ranging from Anti-Virus and encryption to crypto currency and ransomware. We will also focus heavily on how the home user can protect themselves from online predators and scams. The instructor will share numerous examples of online fraud scams and teach the class how to identify, avoid and report these scams.

We will go over the importance of selecting good passwords and how to keep those passwords secure. Lastly, we will discuss the security of Online Banking and the future of mobile device security.

Dale Fiedler is an experienced Security professional with over 20 years in the information security sector. Dale currently holds the CISSP (Certified Information Security Professional) and the CISM (Certified Information Security Manager) certifications. Dale has extensive security experience in the financial sector having worked at both a Bank and a Credit Union. A Veteran of the USAF, Dale and his wife recently moved to the Hayesville area. With a passion for the outdoors, Dale and his wife can usually be found on the trails or volunteering with one of the local trail clubs.

THE WAR THAT CHANGED THE WORLD—SKETCHES OF WORLD WAR I

No Special Requirements

William Graham, 6 Sessions, Thursday, October 6 – November 10, 3:00 pm – 5:00 pm, Cost: \$20

This course will focus on five areas of interest. Week one includes a look at German/European history and the origins of the Great War. Week two and three includes the road to war, major battles, and personalities. Week four will look at the major fronts of the war. Week five will include the end of hostilities, treaties, and effects of the war and its aftermath. Week six will be dedicated to Remembrance Day, the literature, and the poetry.

William Graham has a layman's interest in the Great War. He is a member of the British Western Front Association and has toured the Western Front several times with his wife Barbara. William has been in the book business for over 40 years and presently sells history, military and general stock used and out of print books at the Hiawassee Antique Mall.

LEARN PORTRAIT DRAWING - Class Limit 10

Require full vaccination

Joyce Clair, 4 Sessions, Thursday, October 20 – November 10, 1:00 pm – 4:00 pm, Cost: \$20

Drawing realistic portraits is a skill you can learn, even if you can't draw a straight line! In this class series you will learn how to see accurately, what to look for to capture a likeness, how to measure proportions, and how to shade to bring a portrait to life. You will practice drawing a Master's portrait drawing, a self-portrait, and a portrait of a friend or family member from a photo. Attendance to all four sessions is necessary for maximum benefit. Students to bring drawing supplies to each class.

Supplies: Drawing sketch book or multi-media sketch book 6x8 or larger, 3 drawing pencils (HB or 2B, 4B, and 6B), white charcoal pencil, small pencil sharpener, erasers, blending stumps, tissues, and ruler.

Joyce Clair is a watercolor artist and retired nurse practitioner who also enjoys drawing and teaching. She regularly teaches at regional art centers. Joyce grew up in Pennsylvania, lived in Maryland and Texas, and retired to Georgia in 2014. She studied drawing at the Corcoran School of Art in Washington, D.C. Her watercolors are influenced by workshops with Skip Lawrence, Tom Lynch, Zoltan Szabo, Frank Webb, and Morris Green. Joyce's paintings are displayed at Artworks Gallery, Murphy Art Center, Blue Ridge Art Center, "Joyce Clair Art" on face book and www.fineartamerica.com.

PLEIN AIR PAINTING - Class Limit 12

No Special Requirements

Virginia Tinsley, 6 Sessions, Friday, September 23- October 28, 10:00 am – 12:00 pm, Cost: \$20

Plein Air Painting with Watercolors will meet at various locations in the area to paint the beautiful scenes around us. We will start the first class at the ICL classroom and will meet there whenever weather doesn't allow us to meet outdoors. Everyone should bring a portable lawn chair or a portable watercolor easel when we meet outdoors.

Virginia Uhl Tinsley has been painting with watercolors for as long as she can remember. She majored in art at Agnes Scott College and has started painting more intently since her retirement. Some of her recent work is on display at Cable's Gallery.

SNOW CREEK IN THE FALL – **Class Limit 10**

Social Distancing

Verlee Jones, 1 Session, Friday, November 4, 1:00 pm – 4:00 pm, Cost: \$15

This class will create a snow scene and sunset painting on Masa paper. All supplies except an assortment of watercolor brushes will be provided. **A \$20 materials fee will be collected at the beginning of class. Beginner to Advanced Watercolorist.**

Verlee Dowd Jones, a graduate of Stetson University, is a retired business teacher-turned-artist. She and her husband, Ed, moved to Hiawassee from Florida in 1994. Always experimenting with different types of mediums and surfaces, Verlee works with oil, acrylic, watercolor, pen and ink, and colored pencil. She has been teaching painting in her studio and other classrooms for almost 20 years. Verlee is a member of Mountain Regional Arts and Crafts Guild, SAAG, Blue Ridge Mountain Arts Association, and Mountain Rose Art Guild, and shows her work at the Arts Center in Blue Ridge and at ArtWorks in Hiawassee. One of her watercolor paintings was featured in the “Watercolor Magic” magazine.

OH, THE PLACES YOU WILL GO!

Masking if unvaccinated

Susan Crooks, 4 Sessions, Friday, October 7 – October 28, 1:30 pm to 3:30 pm, Cost: \$20

What’s on your travel bucket list? Our first class will be about Egypt and Norway and what to expect in each place. In the following weeks we will visit Germany, Portugal, Greece, Italy, Ireland and New Zealand. Travel tips and cuisine are included, so bring something to take notes on.

Having a German mother, Susan Crooks grew up speaking German and English. She taught high school German for 30 years in DeKalb and Cobb counties, and for 8 years at Kennesaw State University. Susan has traveled extensively in German speaking countries as well as other countries.

DOG OBEDIENCE TRAINING

Social Distancing – Masking Indoors

Stephen Rosasco, (3) One-Day Sessions, 10:00 am – 12:00 pm, Cost: \$15 per session

Saturday, September 24

Thursday, October 6

Wednesday, October 19

Has your canine companion become unruly...

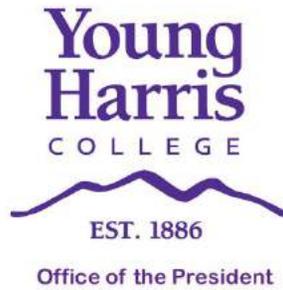
- Jumping on you and the furniture?
- Pulling on the leash while walking?
- Not coming to you when called?

In this one-day class, you’ll gain an understanding of dog psychology and how a wolf pack operates under the leadership of the Alpha pack member.

Learn verbal and non-verbal training techniques and obedience drills that will make you a true “Pack Leader” so that your relationship can be the best it can be!

***Note – Due to liability for ICL and YH College, no dogs will be allowed to attend this class. Should you be interested in additional training with your dog, Stephen will be available for one-on-one private lessons.**

Steven has been the owner of Labrador Retrievers for 25+ years. He is the Co-founder and President of Northeast Florida Hunting Retriever Club in Jacksonville FL. He has over 20 years of field competition experience and has worked for professional dog trainers. He has also managed training and hunting dog kennels.



**From Young Harris College President
Dr. Drew L. Van Horn**

The fall semester is upon us! Our Young Harris College Mountain Lions are back on campus for a new school year in the Enchanted Valley.

The students of the Class of 2026 have already proven themselves to be a great group of young scholars. Made up of 22 transfer students, 21 international students from over 15 different countries, and students from 18 states across America, this class is diverse and exciting. Nearly one hundred percent of these freshmen are receiving some form of scholarship or grant, and the average GPA among the class is an impressive 3.51.

Because we value our students and their academic wellbeing, we must offer the highest quality education. We are proud that in May, YHC was approved for membership in the Appalachian College Association (ACA), a consortium of independent colleges and universities in central Appalachia. Since 1990, this organization has served the Appalachian region through its support of faculty, staff, and students of its member institutions. Together, members of this consortium can do more than they could otherwise do alone. YHC faculty now have access to three highly beneficial programs through this fellowship: One-semester Professional Leave Fellowships; Summer Research Fellowships; and In-Year Research Fellowships.

In July, Colleges of Distinction, a unique guide for college-bound students, recognized Young Harris College for its honorable commitment to helping undergraduate students learn, grow, and succeed. YHC is now a 2022-2023 College of Distinction and Georgia College of Distinction, with additional recognition in the areas of Education and Career Development. The College was highlighted for succeeding in the following: Engaging Students, Great Teaching, Vibrant Community, and Successful Outcomes (at the end of college and in life after graduation).

We are ecstatic to have students back in the Enchanted Valley, and we are going to do everything we can to help them succeed at Young Harris College and after graduation. If you would like to help our students succeed but are not sure where to start, please visit: www.yhc.edu/special-interests

For the latest College news, please visit the YHC Press Room at:
yhc.edu/about/news-media/press-room

To view upcoming events, please visit the YHC Events Calendar at:
yhc.edu/about/news-media/events

For up-to-date info on YHC's athletic teams, please visit: **yhcathletics.com**

Fall Session – September 19 – November 11, 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Hatha Yoga for Everybody Heather Devereaux 9/19 – 11/7 10:30 am – 11:30 am (8 sessions - \$20) Mountain Yoga Studio 564 Shoe Factory Road Blairsville, GA Class Limit 15</p> <p style="text-align: center;">~~~~</p> <p>Making Bagels * Norma Berkman 9/19 1:00 pm – 4:00 pm (1 session - \$15) Good Shepherd Church 495 Herbert Hills Drive Hayesville, NC Class Limit 10</p> <p style="text-align: center;">~~~~</p> <p>8 Essential Oils Jennifer Gilman 9/19 – 11/7 1:30 pm – 2:30 pm (8 sessions - \$20) Zoom Only</p> <p style="text-align: center;">~~~~</p> <p>Ukulele 101 Cy Sineath 9/19 – 10/24 3:00 pm – 4:30 pm (6 sessions - \$20) Class Limit 18</p> <p style="text-align: center;">~~~~</p> <p>Beginning Hand Quilting * Shirley Deasy 9/19 – 11/7 10:00 am – 12:00 pm (8 sessions - \$30) Class Limit 6</p> <p style="text-align: center;">~~~~</p> <p>Diving into Watercolors * Billie Shelburn 10/3 – 10/24 1:00 pm – 4:00 pm (4 sessions - \$20) Billie Shelbourne Studio 1942 Old Highway 64 Hayesville, NC Class Limit 10</p> <p style="text-align: center;">~~~~</p> <p>Reversing Diabetes with Food Ann Marie Stanczyk 10/17 – 11/7 1:00 pm – 3:00 pm (4 sessions - \$20)</p>	<p>Beginner's Pickleball Ron Tomczyk 9/20 – 11/8 8:00 am – 9:30 am (8 sessions - \$30) Pickleball Courts 87 Chase Drive Blairsville, GA Class Limit 8</p> <p style="text-align: center;">~~~~</p> <p>Fundamentals of Blacksmithing * Ray Anderson 9/20 – 11/1 10:00 am – 12:00 pm (7 sessions - \$45) Instructors Shop Class Limit 6</p> <p style="text-align: center;">~~~~</p> <p>Solving the Puzzle of Your Past Marty Dellinger 9/20 – 11/8 10:00 am – 12:00 pm (8 sessions - \$25)</p> <p style="text-align: center;">~~~~</p> <p>Vegetarian or Vegan: The How's and Why's * Brenda Hull 9/20 & 9/22 1:00 pm – 4:00 pm (2 sessions - \$20) Good Shepherd Church 495 Herbert Hills Drive Hayesville, NC Class Limit 10</p> <p style="text-align: center;">~~~~</p> <p>Fall Wildflower Rambles Elaine Delcuze 9/20 – 11/8 3:00 pm – 6:00 pm (8 sessions - \$25) Class Limit 18</p> <p style="text-align: center;">~~~~</p> <p>Photographing Fall Landscapes and Flowers Stephan Banakas 10/11 – 11/1 11/8 is a make-up class 1:00 pm – 5:00 pm (4 sessions - \$30) Class Limit 10</p>	<p>The Android Cell Phone Jim Dollens 9/21 – 10/12 10:30 am – 11:30 am (4 sessions - \$20)</p> <p style="text-align: center;">~~~~</p> <p>Beginning Crochet Jo Sineath 9/21 – 10/12 1:30 – 3:00 pm (4 sessions - \$20) Class Limit 8</p> <p style="text-align: center;">~~~~</p> <p>Dog Obedience Training Stephen Rosasco Wednesday 10/19 10:00 am – 12:00 pm (1 session - \$15 each)</p>	<p>Tree Identification Mark Westhafter 9/22 – 10/13 10:00 am – 12:00 pm (4 sessions - \$20) GMREC 195 Georgia Mountain Experiment Station RD Blairsville, GA Class Limit 20</p> <p style="text-align: center;">~~~~</p> <p>Dog Obedience Training Stephen Rosasco Thursday 10/6 10:00 am – 12:00 pm (1 session - \$15 each)</p> <p style="text-align: center;">~~~~</p> <p>Cyber and Security Fraud Dale Fiedler (Thurs.) 10/6 & 10/13 (Cont. Wed.) 11/2 & 11/9 1:00 pm – 2:30 pm (4 sessions - \$20)</p> <p style="text-align: center;">~~~~</p> <p>The War that Changed the World William Graham 10/6 – 11/10 3:00 pm – 5:00 pm (6 sessions - \$20)</p> <p style="text-align: center;">~~~~</p> <p>Learn Portrait Drawing Joyce Clair 10/20 – 11/10 1:00 pm – 4 pm (4 sessions - \$20) Class Limit 10</p>	<p>Plein Air Painting Virginia Tinsley 9/23 – 10/28 10:00 am – 12:00 pm (6 sessions - \$20) Class Limit 12</p> <p style="text-align: center;">~~~~</p> <p>Snow Creek in the Fall * Verlee Jones 11/4 1:00 pm – 4:00 pm (1 session - \$15) Class Limit 10</p> <p style="text-align: center;">~~~~</p> <p>Oh, the Places You Can Go! Susan Crooks 10/7 -10/28 1:30 pm – 3:30 pm (4 session - \$20)</p>
				Saturday
				<p>Dog Obedience Training Stephen Rosasco Saturday 9/24 10:00 am – 12:00 pm (1 session - \$15 each)</p> <p style="text-align: center;">~~~~</p> <p>* Additional fees for supplies and equipment for this class is payable to the instructor the first day of class.</p> <p style="text-align: center;">~~~~</p> <p>For detailed information about additional fees, the classes, class location and COVID restrictions refer to pages 2 - 9.</p> <p style="text-align: center;">~~~~</p> <p>Unless otherwise stated all classes will be held in the ICL Classroom. 862 Main Street Young Harris, GA</p>

Registration Form - Make Checks Payable to ICL@YHC and mail to PO Box 134, Young Harris, GA 30582

If you have not paid in the Winter, Spring or Summer sessions please include the Fall only fee of \$10.

If two people are taking classes, please check Name 1 and/or Name 2		Fee Per Person	Name 1 Initials	Name 2 Initials	Total Fees
You must be a member of ICL to register for classes.		\$10			
Hatha Yoga for Everybody – Limit 15	<i>Yog</i>	\$20			
Making Bagels – Class Limit 10	<i>Bag</i>	\$15			
Essentials Oils – Zoom Only	<i>Oil</i>	\$20			
Ukulele 101 – Limit 18	<i>Uku</i>	\$20			
Beginning Hand Quilting – Class Limit 6	<i>Beg</i>	\$30			
Diving into Watercolors - Class Limit 10	<i>Div</i>	\$20			
Reversing Diabetes with Good	<i>Rev</i>	\$20			
Beginner’s Pickleball - Class Limit 8	<i>Pic</i>	\$30			
Fundamentals of Blacksmithing – Class Limit 6	<i>Fun</i>	\$45			
Solving the Puzzle of Your Past	<i>Puz</i>	\$25			
Vegan and Vegetarian Meals – Class Limit 10	<i>Veg</i>	\$20			
Fall Wildflower Rambles – Class Limit 18	<i>Wil</i>	\$25			
Photographing Fall Landscapes – Class Limit 10	<i>Pho</i>	\$30			
The Android Cell Phone	<i>And</i>	\$20			
Beginning Crochet - Class Limit 8	<i>Cro</i>	\$20			
Dog Obedience Training – 10/19	<i>Dg1</i>	\$15			
Cyber and Security Fraud	<i>Cyb</i>	\$20			
Tree Identification - Class Limit 20	<i>Tre</i>	\$20			
Dog Obedience Training – 10/6	<i>Dg2</i>	\$15			
The War that Changed the World	<i>WW1</i>	\$20			
Learn Portrait Drawing - Class Limit 10	<i>Por</i>	\$20			
Plein Air Painting - Class Limit 12	<i>Air</i>	\$20			
Snow Creek in the Fall - Class Limit 10	<i>Sno</i>	\$15			
Oh, the Places You Can Go!	<i>Pla</i>	\$20			
Dog Obedience Training – 9/24	<i>Dg3</i>	\$15			
TOTAL AMOUNT					\$

For security reasons, YHC requires that all vehicles parked on the college campus display a parking permit issued by ICL. If you do not have a decal and receive a ticket ICL is not responsible.

Provide the automobile information ONLY if you need a decal

Vehicle 1	
Make	
Model	
Tag #	
State	
Vehicle 2	
Make	
Model	
Tag #	
State	

Your name is required on all registrations. Enter other info if you are a new member or your information has changed.

	Name 1	Name 2
Name		
Email Address		
Phone Number		
Street Address		
City/State/Zip		
Name on Name Tag (Leave blank if you already have a name tag)		

ICL and YHC require that every individual who participates in an ICL activity sign an Agreement to Participate. This form must be submitted to the ICL Registrar as an integral part of the course registration form.

AGREEMENT TO PARTICIPATE

- I am aware that participating in the activities of the Institute for Continuing Learning (ICL) can be dangerous and involve many risks of injury. I understand the dangers and risks may include serious injury, impairment to parts of my body, general health or well being, or death. Because of the dangers of participating in the activities of ICL, I recognize the importance of following the class leader’s directions regarding techniques and training, and to obey such instructions.
- In consideration of the ICL permitting me to participate and to engage in these activities, I hereby voluntarily assume and understand all risks associated with participation and agree to exonerate and save harmless the ICL, Young Harris College, their agents, servants and employees, and the owner(s) and/or operator(s) of other venues occasionally used by ICL from any and all liability claims, causes of action, or demands of any kind and nature whatsoever which may arise by or in connection with my participation in these activities.
- ICL, including, but not necessarily limited to, its members, officers, executive board, course leaders, classes, seminars, publications, and advertising, does not advocate nor support any political, governmental, religious, or charitable agenda or policy and does not permit such advocacy or support in any ICL sponsored activity.
- ICL reserves the right to deny class admittance and/or cancel membership to any person whose conduct is deemed disruptive.
- ICL is a program of continued learning for mature adults. Since the curriculum is specifically designed for adults, children are not accepted in the program. Guests of a class member, who are 18 years and older, are permitted to attend a single session, provided such is approved by the class coordinator and course leader.
- I certify that I have read, understand, and voluntarily signed this agreement. If more than one individual is registering for classes, each individual must sign. I also understand the Covid Guidelines and Covid disclaimer on page 13.

Signature	Date	Signature	Date
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COVID Guidelines for In Class Sessions

THE FOLLOWING COVID GUIDELINES ARE SUBJECT TO CHANGE BASED ON THE CDC AND/OR YHC GUIDELINES.



When do I need to wear a mask?

To reduce the risk of becoming infected with SARS-CoV-2 (the virus that causes COVID-19), and potentially spreading it to others, CDC recommends that fully vaccinated people:

- Wear a mask indoors in public if they are in an area of substantial or high transmission.
 - Fully vaccinated people might choose to mask regardless of the level of community transmission, particularly if they or someone in their household is immunocompromised or at increased risk for severe disease, or if someone in their household is unvaccinated.



Do I need my COVID vaccine to attend class?

There are special circumstances that require you to be fully vaccinated and it is noted in the course description. In most cases, we do not require you to have a COVID vaccination but would request you wear a mask if you are not vaccinated.



How many students will be in the classroom?

Based on CDC recommendations ICL will limit the number of students in the classroom to 18.

For your protection, hand wipes and hand sanitizer are available in the classroom.



COVID-19 Disclaimer

ICL has put in place preventative measures to reduce the spread of COVID-19; however, ICL cannot guarantee that you will not become infected with COVID-19. Further, attending a class without being fully vaccinated or not masking could increase your risk of contracting COVID-19. When signing the registration form on page 12 you are acknowledging you have read and understand this statement.